



# Sherwood Parkdale Skating Club

COME LEARN TO SKATE WITH US!

**INTERMEDIATE & SENIOR PARENT MEETING**



# **WELCOME TO STARSKATE INTERMEDIATE & SENIOR PROGRAMMING**

**Your skaters are able to follow the Starskate or Podium Pathway**

**Depending on your skating level you are in the learn-to-train or train-to-train level of Sport for Life Long-Term development in Sport**

**When logged into your account with Skate Canada you can read more on Pathway choices**

**If you have not already, go to [skatecanada.ca/members](https://skatecanada.ca/members) to create an account in your child's name. This way you will be able to see their STARskate Achievements and follow their official progress.**

# ASSESSMENTS

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## REMINDER

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**If paying by CASH, you are still required to create and invoice and purchase the assessment on-line. Choose e-transfer and we will modify with receipt of payment**

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**INCLUDE SKATERS NAME AND ASSESSMENTS TAKING ON YOUR INVOICE**

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**INCLUDE INVOICE NUMBER ON YOUR ENVELOPE PROVIDED BY THE COACH**

- **2024 PEI Fall Invitational for Star 1 – 4 & Synchro 1 – 4  
November 16, 2024 Cody Banks Arena**
- **Discuss with coaches your plan of events for the season**
- **Registrations start early**
- **Competition funding of \$100 for one off-island event is available for Starskater. Payable after the event**
- **Go to “links gotta see it info” on our home page for a list of events**

# EVENTS







# COMPETITION HOSTS

- **SHERWOOD PARKDALE SKATING CLUB IS PART OF THE ISLAND SKATING ACADEMY FOR PROGRAMS IN THE OFF-SEASON.**
- **WE WILL BE HOSTING THE 2024 PEI FALL INVITATIONAL AS WELL AS THE 2025 STARSKATE AND SYNCHRO CHAMPIONSHIPS WITH SKATE CANADA PEI.**
- **FOR THE FALL COMPETITION WE HAVE MORE RESPONSIBILITIES AND DUTIES TO COVER AS VOLUNTEERS.**
- **COLLEEN MURRAY WILL BE OUR COORDINATOR WITH ISA AND WILL BE THE LEAD FOR OUR CLUB ALONG WITH LAURIE GODFREY (FOR ISA & THE PEI SECTION). CSC WILL HAVE A REPRESENTATIVE AS WELL AS PART OF ISA**
- **MORE INFORMATION ON HOW YOU CAN HELP WILL BE PROVIDED AFTER ISA MEETS**

# SYNCHRO



- **ALL STARSKATERS ARE ENCOURAGED TO TAKE PART IN SYNCHRO**
- **AS PART OF THE SKATE CANADA CURRICULUM, THIS SESSION IS AN EXCELLENT OPPORTUNITY TO DEVELOP SKATING SKILLS**
- **FOR THE SKATER'S THIS IS A GREAT OPPORTUNITY TO ENGAGE IN A TEAM ENVIRONMENT**
- **THE COST IS \$150 AS AN ADD-ON TO A STARSKATE REGISTRATION OR WE HAVE A NEW PART-TIME PACKAGE.**
  - **BOTH INCLUDE ICE TIME, COACHING, OFF-ICE CLASSES, THE TEAM PORTION OF COMPETITION REGISTRATION FEES**
  - **NEW TEAM MEMBERS WILL ALSO RECEIVE A FREE SYCHRO JACKET**
  - **TOONIE DAYS FROM SEPTEMBER, POPCORN SALES AT EVENTS PLUS ANY AGREED UPON FUNDRAISING GOES INTO OUR SYNCHRO FUND TO HELP OFF-SET COSTS**

# **HEALTHY KIDS! ACTIVE KIDS! FUNDRAISER**

- **THIS SEASON THE FUNDRAISER WILL BE PARTNERED WITH QUEEN STREET MEAT MARKET IN CHARLOTTETOWN**
- **FUNDRAISING POLICY**
- **IF YOU WANT TO FILL YOUR FREEZERS AND YOU PURCHASE MORE THAN 10 ITEMS, YOU WILL RECEIVE A CREDIT ON YOUR PERSONAL ACCOUNT AS WELL AS HELPING THE CLUB OVERALL.**
- **HARD COPIES AND DIGITAL COPIES WILL BE AVAILABLE**
- **THIS IS OUR MAIN FUNDRAISER FOR THE CLUB THAT PUTS FOOD ON TABLES AT BETTER THAN OR EQUAL TO GROCERY STORE PRICES WHILE HELPING THE CLUB KEEP FEES AFFORDABLE.**



# TEAM SPIRIT

- **CLUB JACKETS ARE AVAILABLE TO ORDER. YOUR ORDERS ARE DUE BY OCTOBER 4TH**
- **LULULEMON DEFINE JACKETS EMBROIDERED WITH THE CLUB LOGO AND SKATERS NAME OR INITIALS. START AT SIZE 0**
- **GREAT FOR BOTH PRACTICE AND COMPETITION**
- **YOUTH SIZED ARE AVAILABLE BY SPECIAL ORDER IN A LULU STYLE JACKET**
- **YOUR COST: LULULEMON \$60 – 100 DEPENDANT ON DISCOUNT AVAILABLE: YOUTH CUSTOM \$40**



# HOW CAN YOU HELP YOUR SKATER SUCCEED



# NUTRITION



# **TERMS AND CONDITIONS**

- **SIGNED WHEN REGISTERING**
- **YOU CAN ALSO VIEW BY CLICKING ON THE LINK AT THE BOTTOM OF OUR HOME PAGE**

# KEY AREAS TO REVIEW IN YOUR TERMS AND CONDITIONS

## **Policy links under Code of Conduct**

- **If you haven't reviewed, how can you follow?**

## **Refunds & Credits**

- **Medical only once past the withdrawal date**
- **No make-up or refunds for personal reasons ie holidays etc**

## **PA Incentive under Volunteers**

- **Review if skater is moving up to Juniors or your skater is 10yrs and older**

## **Cancellations**

- **Notifications**



# PROGRAM ASSISTANTS AND THE STARSKATE PROGRAM

## Jumpstars

- No PA'ing

## Juniors

- 10 yrs and up
- Intro to PA'ing levels

## Intermediates

- 10 yrs and up

## Seniors

- All ages; no minimum age

Training twice a year

Did you know that your  
Starskate Programs  
cost up to 3 times as  
much as charged

The PA Incentive helps  
us keep your fees down



**OUR CLUB...YOUR CLUB...IS A COMMUNITY.**

**STARSKATERS ASSIST AS PROGRAM ASSISTANTS ON  
CANSKATE**

**WE NEED YOU, THE ADULTS ALSO. YOU CAN SIT ON THE  
BOARD AND LEARN MORE ABOUT YOUR CHILD'S SPORT AND  
PROGRAM, YOU CAN HELP AT EVENTS, YOU CAN HELP ON  
THEME DAYS. CONSIDER JOINING US TODAY IN ANYWAY YOU  
CAN.**

**LEAD BY EXAMPLE**

# REMINDERS

- **THE CALENDAR TAB IN YOUR ACCOUNT**
  - **WILL SHOW ALL YOUR REGISTERED SKATING DAYS, EVENTS ETC.**
  - **THIS IS THE BEST “GO-TO”. IF THE EVENT OF ANY CHANGES, IT WILL SHOW HERE FIRST.**
- **OFF-ICE CLASSES ARE INCLUDED IN YOUR REGISTRATION AND AN IMPORTANT PART OF A SKATER’S TRAINING. IF POSSIBLE ,PLEASE BRING A YOGA MAT, SKIPPING ROPE, RUNNING SHOES AND A WATER BOTTLE. A “SPINNER” IS ALSO VERY USEFUL.**



# CLUB APPAREL

- **WE HAVE A STORE AVAILABLE THROUGH ALLSTAR CRESTING**
  - **THERE ARE LEGGINGS, T-SHIRTS, HOODIES, OUTDOOR JACKETS AND MORE – GET IN THE SPIRIT WITH QUALITY MERCHANDISE. 10% GOES TO THE CLUB.**

**[HTTPS://ALLSTARCRESTING.CA/](https://allstarcresting.ca/)**

- **MITTENS AND GLOVES AS WELL AS SKATE GUARDS ARE ALSO STILL AVAILABLE IN OUR CLUB OFFICE OR LOBBY WHEN ON DISPLAY**

